# the ART of AGING WELL

Helping Seniors Live Well at Home



866-454-8346 HomeCareAssistance.com

### Curated Care to Promote Positive Aging

### Home Care Assistance services include:

- Cooking and light housekeeping
- · Laundry and changing bed linens
- · Grocery shopping and errands
- Companionship and range of motion exercises
- Bathing, dressing and grooming assistance
- Transportation to medical appointments, the supermarket or pharmacy
- Assisting with walking and transferring from bed to wheelchair
- Status reporting to family
- Medication reminders
- Balanced Care Method<sup>™</sup> to ensure total health, happiness and wellness at home

"... It's very hard to say goodbye to a parent and watch them go from strong and healthy to begin their journey to the next place. Your staff made the process manageable. I can't tell you how valuable the service you offer is."

- Bob Harris, Son of Client

### We Do Home Care Differently

Our concierge approach to home care starts with expertly matching our carefully screened caregivers to each client based on his or her needs and preferences. Our clients and family members have access to a full care team 24 hours a day, 7 days a week, to address any questions or concerns. The level of support and flexibility we offer is unmatched in the industry, providing peace of mind to families and independence to our valued clients.

#### Finding the Perfect Caregiver Match

Our caregivers are the foundation of our company and what makes us different. Each is carefully screened and trained in our Balanced Care Method, providing client-centric care to ensure optimal quality life at home. After a comprehensive in-home assessment and interview process, clients and caregivers are expertly matched by our Care Team to ensure a deep, lasting bond built on shared interests and personality.

At Home Care Assistance we are very selective about the caregivers we hire—only individuals who have experience working with older adults, no criminal background, appropriate references and legal rightto-work documentation are considered. Diligent screening results in caregivers who are genuinely and personally committed to providing the highest caliber of care to their clients.

#### Select the Services You Need

When illness, frailty or forgetfulness make daily living difficult, we can help. Flexible scheduling allows us to meet each client's specific needs, whether it's around-the-clock or hourly care. Home Care Assistance caregivers provide safety, companionship and emotional support, devoting 100 percent of their attention to maintaining a positive and healthy home environment for their clients. Our Care Team's focus is on building a long-term relationship with families to ensure their loved one's evolving needs and our high quality standards for their wellbeing are met.

#### Around-the-Clock and Hourly Care

Caring for older adults who need continuous care throughout the day is our specialty. Our caregivers stay at the client's home 24 hours a day, providing family members with peace of mind that their loved one is never alone. Primary and backup caregivers are provided for full-time, 24 hour care clients to help ensure continuous, attentive coverage.

Hourly care services help individuals maintain normal routines and activities of daily living. With the right support, aging adults can enjoy their preferred way of life in their own homes, surrounded by their possessions, pets and a familiar environment. We can also provide companionship and monitoring during hospital stays, or in rehab and skilled nursing facilities. Clients can even take their caregiver with them on vacations, lessening the stress on family caregivers and creating an enjoyable travel experience for all.

## About Home Care Assistance

At Home Care Assistance, we provide customized care to older adults so they can live happier, healthier lives at home. We champion the needs of seniors with a positive, empowering approach to aging that celebrates independence, dignity and quality of life. Our caregivers receive exceptional training, support and resources to deliver an unmatched care experience.

### High Quality Care

We go above and beyond to deliver concierge-level care for clients who want and expect the very best for their aging loved ones.

### **Committed to Our Clients**

We believe the best way to deliver exceptional care is to focus on building long-term, trusted relationships between caregivers, seniors and their families.

### **Elevated Quality of Life**

Our Balanced Care Method<sup>™</sup> emphasizes healthy mind, body and spirit. We believe that with the proper care, we can help older family members live happier, healthier and more fulfilled lives.

### **Trusted Care Expertise**

We are experts in all aspects of home care, from family dynamics to nutrition, around-the-clock care to dementia. And we train our caregivers accordingly.

### **Total Peace of Mind**

We understand the trust you place in us, and do everything possible to ensure that the home care experience is worryfree for all concerned.

### Connected in the Community

We are the trusted partner of reputable care professionals in the communities we serve. We pride ourselves on connecting our clients to the care solutions they need - even if it's outside our service offerings.

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